

2nd NEWSLETTER



ONLINE MENTORING AND PROFESSIONAL PEER COACHING SKILLS FOR YOUTH TRAINING

ABOUT THE PROJECT

Online MENTOR will facilitate employability and transition of young people over 18 from youth to adulthood, increasing their level of job-competences and entrepreneurship skills.

The main objectives of the project are to create a network of specialized trainers on mentorship. To develop professional competences and entrepreneurial skills. To enhance tolerance, equality, gender balance, and social cohesion. To strengthen the connection between theoretical knowledge and practice in training.

The direct **target groups** are nurses, social workers, teachers, youth trainers, youth workers, practice responsables/ mentors interested to acquire knowledge, to learn practices and to improve their skills for becoming mentors for young people over 18 at the beginning of their career, students, volunteers.

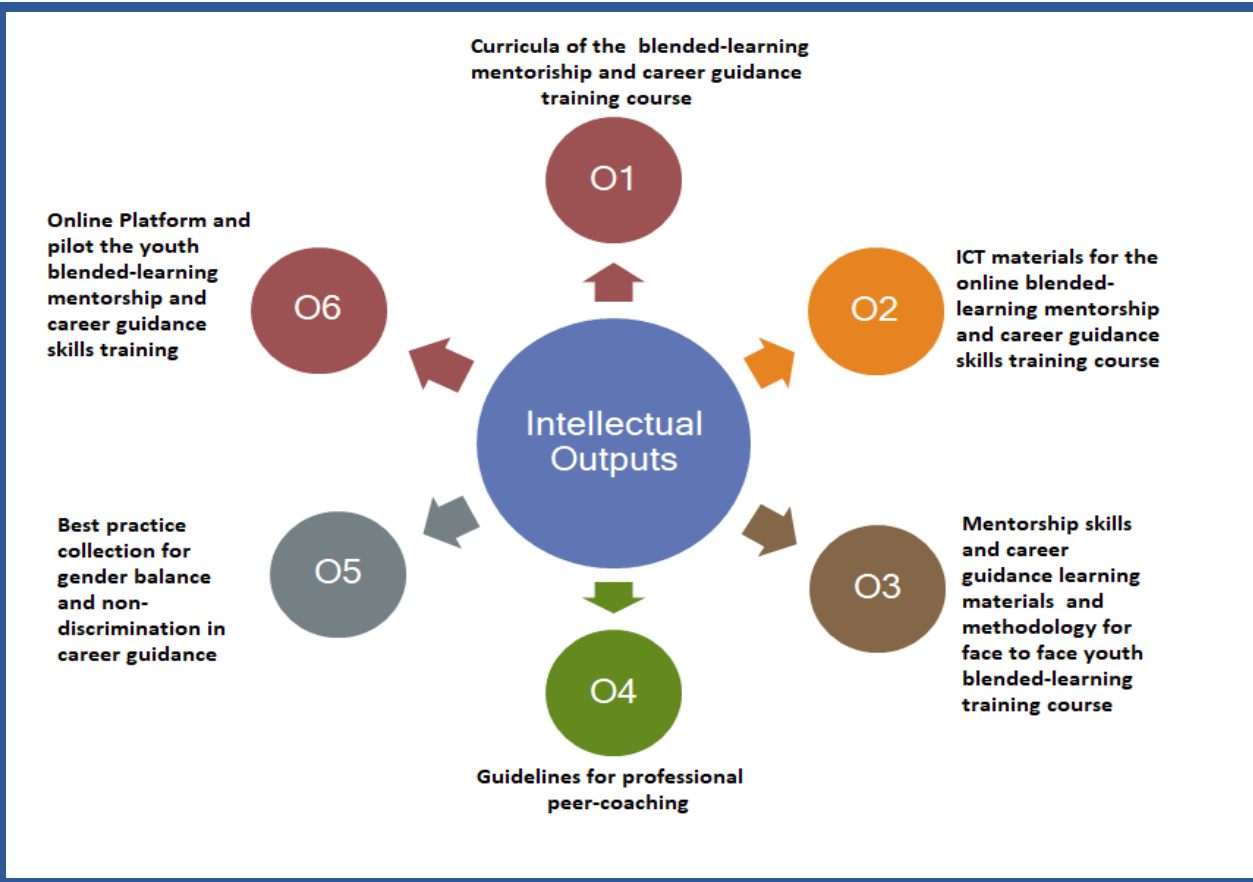
Transnational project meeting no. 2

08 - 09.10.2018
Sofia, Bulgaria

The 2nd partnership meeting for the project MENTOR has been held on 8th and 9th October 2018 in Sofia, Bulgaria with hosting organization Balkanplan. The aim of the meeting was to present and discuss the project activities and outputs until the moment and to plan the activities for the next project period.



THE PROJECT OUTPUTS



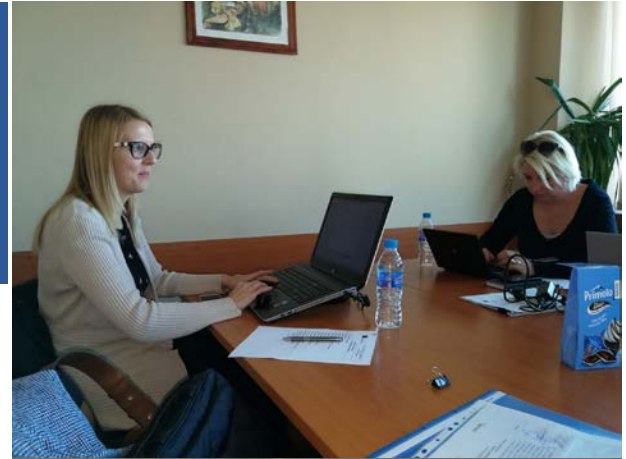
Intellectual output 1:

Curricula of the blended-learning mentorship and career guidance training course

As a first step of the project implementation process the partnership has developed Curricula for the training course “How to become a good mentor for young people (18+) working as nurses, social workers and teachers” (MENTOR Training). The Curricula includes six modules that will include face to face part and online training. The modules are the following:

- **Module 1:** Introduction to mentorship and career guidance
- **Module 2:** Mentorship area. Benefits and positive effects of mentorship and career guidance
- **Module 3:** The components of mentoring process
- **Module 4:** Competencies and qualities of a mentor
- **Module 5:** Critical thinking, adaptation to the regular changes in professional area in mentoring process
- **Module 6:** Empathy and non-discrimination of learners in mentoring process

The content of each module will be developed by one of the partners. It will include 5 hours face-to-face part and 50 minute online training that will be provided on the MENTOR on-line platform. The quality and relevance of the Curricula was evaluated through peer review. The Curricula has been developed in English and translated in all national languages of the partnership: Romanian, Bulgarian, Slovenian, Lithuanian and Check.



Intellectual output 2:

ICT materials for the online blended-learning mentorship and career guidance skills training course

- From the beginning of June the partners started to work on the development of the ICT materials for the MENTOR training. The materials include theoretical knowledge and practical exercise adapted to online environment. They have been subject to peer review by 2 independent reviewers. The materials have been developed in English and now are in the process of translation into the national languages.

Intellectual output 3:

Mentorship skills and career guidance learning materials and methodology for face to face youth blended-learning training course

- At the 2nd project meeting the partners discussed the development of the training materials for face to face part of MENTOR Training. According to the agreed timetable the materials has to be developed in English by 15th December 2018 when the process of peer review will start.

From the beginning of February 2019 the partnership will focus their attention of the development of the next Intellectual outputs as well as on the training delivery. However the main framework for their development has been also agreed and discussed among the partners at the meeting in Sofia.

Intellectual output 4:

Guidelines for professional peer-coaching

Intellectual output 5:

Best practice collection for gender balance and non-discrimination in career guidance

Intellectual output 6:

Online Platform and pilot the youth blended-learning mentorship and career guidance skills training

PARTNERS

Asociatia
everest.

GENDER
STUDIES

BALKAN
plan

CREATIVE
FUTURE IDEAS
LITHUANIA

LUDOR
ENGINEERING

STEP
Institute
Institute for Social Psychology
and Entrepreneurship

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